

Unit 11 Sad Movies Make Me Cry

Self Check

I. 根据短文内容及所给提示, 在文中的空白处填写一个正确的单词或括号内单词的正确形式, 完成下面包含本单元词汇的短文

Once there was a king with much 1. _____ (wealth). He also had power and fame, but he was unhappy. He always said there was a heavy weight on his 2. _____ (shoulder). It nearly 3. _____ (drive) him crazy. He thought the sky was grey and few guys wanted to be friends with him. That made him more 4. _____ (comfortable). His face was always pale as chalk. He would rather stay in the palace all day. Neither the queen nor his prime minister could help him.

Lately, a doctor was called in by a banker 5. _____ examine the king. There was nothing wrong with him of course. The doctor asked him to play soccer so as not to let the king down. To start with, the king couldn't score a goal. The coach encouraged him to practice with courage rather 6. _____ stay there like a lemon. The king nodded in 7. _____ (agree). Then he and his teammates pulled together. No one wanted to leave him out. Though he had a lot of faults while playing, his teammates didn't kick him off. Besides, in order not to 8. _____ (disappoint) his teammates, the king was hard on himself. Teamwork brought him much 9. _____ (relief). The more he stayed with his teammates, 10. _____ stronger the friendship between them became. Finally, the king became happier and healthier.

II. 用所给单词的适当形式填空

11. Are we in _____ (agree) about the price?

12. What a pity! Sue lost the game because the _____ (weigh) of her shoes made it difficult for her to run fast.

13. She was so _____ (sleep) that she went to bed early.

14. Many teenagers would rather _____ (stay) at home alone than go out

with their parents at weekends.

15. The _____ (careful) you work, the fewer mistakes you' ll make.

III. 根据短文内容, 完成表格中所缺信息

We all have good days and bad days. And we do have the power to create better days. Creating a successful day may make us feel good. And as we become happier, we may have more good days.

Research shows that experiencing good moods can make us notice more chances and have the confidence (信心) to go after them. Going after more chances can allow us to feel less stressed when we face challenges in life. As a result, we' ll experience more good moods and have good days.

Your expression on your face is a window into how you feel. So, greet yourself in the mirror with a smile in the morning—that happy face may be just enough to keep that mood staying all day long.

Doing activities that you are interested in can sure make you have a good day. For example, if you like soccer, you can join a soccer club and play soccer with others. In this way, you will feel relaxed and happy.

Experiencing joy and laughter is also part of having a good day. So try to create the conditions that can bring joy to you—such as being with friends, taking up a hobby, and doing whatever you find to be fun.

What' s more, it is important—especially if you are a busy person to stay balanced (保持平衡) by making some free time in your plan. Being busy is okay, but remember the old saying, “All work and no play makes Jack a dull boy.”

Create better days	
31. _____	<ul style="list-style-type: none">• A successful day may make us feel good and 32. to more good days.• We can notice more chances so that we can feel less stressed when meeting challenges if we have good moods.
Ways	<ul style="list-style-type: none">• 33. _____ a day with a smile.

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|--|---|
| | <ul style="list-style-type: none">• Do some 34. _____ activities to feel relaxed and happy.• Do something that can add joy and laughter to your life.• Achieve a balance between 35. _____. |
|--|---|

答案

I.1.wealth 2.shoulders 3.drove

4.uncomfortable 5.to

6.than 7.agreement

8.disappoint 9.relief 10.the

II.11.agreement 12.weight 13.sleepy

14.stay 15.more carefully

III.16.Neither; nor 17.the better

18.leave out 19.pull together

20.let them down

IV.21.A 句意:孩子们喜欢阅读使他们发笑的故事。make sb do sth 意为“使某人做某事”。故选 A。

22.C 句意:“我叔叔反对浪费任何东西。”“难怪他宁愿修那辆旧自行车也不愿买辆新的。”would rather do ... than do...是固定句型,意为“宁愿做.....也不愿做.....”,故选 C。

23.A 句意:我们国家变得越强大,人民就越幸福。这是众所周知的。“the+比较级...,the+比较级...”意为“越.....,越.....”;strong 和 happy 的比较级分别为 stronger 和 happier。故选 A。

24.B 句意:“遗憾的是,我的老师和父母都不允许我独自去游泳。”“毕竟你太小了,安全第一。”either...or...意为“要么.....要么.....”;neither...nor...意为“既不.....也不.....”;not only...but also...意为“不但.....而且.....”。由句意可知选 B。

25.C

V.26—30 DEBAC

VI.31.Reasons 32.lead 33.Start

34.interesting 35.work and play